

Manufactured in the USA for:
Sweetwater OB/GYN Associates
 16545 Southwest Freeway, Suite 150
 Sugar Land, Texas 77479
 281-242-1400
 www.sweetwaterobgyn.com

This product contains NO yeast, wheat, gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 2 capsules 2 times daily with meals or as directed by your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F / 15°-23°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #82924/ 2274099



Hair, Skin and Nails Plus Formula

A Dietary Supplement
100 Capsules

Supplement Facts

Serving Size 2 capsules
 Servings Per Container 50

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A..... 7,500 IU	150%	Bioflavonoids..... 37.5 mg	*
(as Vitamin A Palmitate).....		PABA..... 37.5 mg	*
Vitamin C..... 62.5 mg	104%	(Para-Aminobenzoic Acid)	
(from buffered mineral ascorbate)		Horsetail..... 325 mg	*
Calcium..... 80 mg	8%	(aerial part)	
(from Calcium Malate/Citrate)		(Equisetum arvense	
Iron (as Ferronyl†)..... 7.5 mg	42%	with silica)	
Magnesium..... 55 mg	14%	Lecithin (from soy) ... 100 mg	*
(from Magnesium Malate)		(granules, high in	
Zinc..... 7.5 mg	50%	Phosphatidylcholine)	
(from Zinc Krebs/Chelate)		Gelatin..... 75 mg	*
Manganese..... 5 mg	250%		
(from Manganese Ascorbate)			

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.
 †Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

*Daily Value not established.



01/16/2012

PRINTING CHARGE: \$100

- APPROVED
- APPROVED WITH CHANGES
- NOT APPROVED. SEND NEW PROOF.

PROOFING CHECKLIST

- GRAPHICS
- ADDRESS INFORMATION
- SUPPLEMENT FACTS BOX
- SUGGESTED USAGE

PLEASE FAX OR EMAIL FORM BACK TO:

ANTHONY LATAGLIATA
 email: alatagliata@douglaslabs.com
 FAX: 412-722-0585

LABEL TURNAROUNDS (IN WORKING DAYS)

FLEXO REPRINTS..... 7-14	LABEL TURNAROUND
DIGITAL REPRINTS..... 5-7	DAYS START AFTER THE
FLEXO NEW..... 10-14	CLIENT'S APPROVAL
DIGITAL NEW..... 7-10	FOR ALL NEW LABELS.
	(THESE ARE APPROXIMATES)

SIGN & DATE

YOUR SIGNATURE IS YOUR AGREEMENT TO THE CONTENTS OF THE LABEL AND PRICING.

Proofread all copy carefully to insure accuracy and legal compliance. Once approved, customer is responsible for errors or omissions. Any changes after the release of art will be made at the client's expense.

Douglas Laboratories will prepare one Proof and three Revision Proofs at no charge to the customer. Any subsequent revisions to the artwork may be subject to additional artwork charges.

Department Notes